WHAT IS CLAIMED:

1. A rod hanger for securing a rod to a substrate, comprising:

a mounting portion configured for engaging the substrate;

a rod receiving portion configured for receiving the rod;

a connecting element configured for vertically displacing said mounting portion and said rod receiving portion; and

at least one anti-rotation element on said mounting portion configured for engaging the substrate.

2. The rod hanger of claim 1, wherein at least one of said mounting portion and said rod receiving portion define a generally planar shape.

3. The rod hanger of claim 1, wherein said mounting portion includes a top surface, a bottom surface and a hole configured for engaging a fastener.

4. The rod hanger of claim 3, wherein said top surface of said mounting portion includes at least one said anti-rotation element.

5. The rod hanger of claim 1, further including a fastener associated with said mounting portion and dimensioned to extend through a hole in said mounting portion.

6. The rod hanger of claim 5, wherein said fastener includes a pin end connected to a shank portion and a head.

7. The rod hanger of claim 6, wherein said fastener further includes a fluted member and a guard member.

8. The rod hanger of claim 1, wherein said rod receiving portion includes a top surface, a bottom surface and a hole configured for threadably engaging the rod.

9. The rod hanger of claim 8, wherein said hole includes a lip formation disposed about said hole and configured to threadably engage the rod.

10. The rod hanger of claim 1, wherein planes respectively defined by said mounting portion and said rod receiving portion are generally parallel.

11. The rod hanger of claim 1, wherein said connecting element includes at least one coined impression at a juncture defined by said connecting element and said rod receiving portion and at least one coined impression at a juncture defined by said connecting element and said mounting portion.

12. The rod hanger of claim 1, wherein said rod hanger defines a unitary body with a generally uniform thickness.

13. A rod hanger for securing a rod to a substrate, comprising:

a mounting portion configured for engaging the substrate;

a rod receiving portion configured for receiving the rod;

a connecting element configured for vertically displacing said mounting portion and said rod receiving portion; and

at least one anti-rotation element on said mounting portion configured for engaging the substrate, wherein the anti-rotation element is disposed on the mounting portion to engage the substrate and counteract a moment acting upon said rod hanger after said rod hanger has been engaged with the substrate.

14. The rod hanger of claim 13, wherein said at least one anti-rotation element has a generally hemisphered shape.

15. The rod hanger of claim 13, wherein said at least one anti-rotation element is provided in a generally truncated hollow cone shape.

16. The rod hanger of claim 13, wherein said at least one anti-rotation element is configured in a generally rectangular shape with a contoured surface.

17. The rod hanger of claim 13, wherein said at least one anti-rotation element has a generally pointed shape.

18. The rod hanger of claim 13, wherein said at least one anti-rotation element is configured in a generally rectangular shape and forms a raised edge at corners of the mounting portion.

19. The rod hanger of claim 13, wherein said at least one anti-rotation element is formed from an upturned edge of said mounting portion.

20. The rod hanger of claim 13, wherein said at least one anti-rotation element is configured in a generally rectangular shape and is formed from an upturned edge at at least one corner of said mounting portion.

21. The rod hanger of claim 20 wherein top surfaces of said at least one upturned edge are one of flat and pointed.

22. The rod hanger of claim 13, wherein said mounting portion includes a top surface, a bottom surface and a hole for engaging a fastener, and said anti-rotation element is disposed on said top surface of said mounting portion to engage the substrate.